

## SAN JOSE SENIOR CARE HOMES FOOD MENU

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p><b><u>Breakfast 7:30-9:30</u></b>  <i>Sides:</i>                      Bacon/Sausage/                      HashBrown/                      Pancake/Biscuits/                      Gravy/Toast/                      FruitCup                      2 Eggs + 2 Sides                      2 Pancakes +1Side                      2 Biscuit/Gravy +                      1 Side                      Omelet + 1 Side                      Oatmeal + 1 side                      Cold Cereal                      Fruit Plate with                      Muffin &amp; Yogurt                      100% Juice, Milk,                      Coffee, Smoothie</p>	<p><b><u>Breakfast 7:30-9:30</u></b>  <i>Sides:</i>                      Bacon/Sausage/                      HashBrown/                      Pancake/Biscuits/                      Gravy/Toast/                      FruitCup                      2 Eggs + 2 Sides                      2 Pancakes +1Side                      2 Biscuit/Gravy +                      1 Side                      Omelet + 1 Side                      Oatmeal + 1 side                      Cold Cereal                      Fruit Plate with                      Muffin &amp; Yogurt                      100% Juice, Milk,                      Coffee, Smoothie</p>	<p><b><u>Breakfast 7:30-9:30</u></b>  <i>Sides:</i>                      Bacon/Sausage/                      HashBrown/                      Pancake/Biscuits/                      Gravy/Toast/                      FruitCup                      2 Eggs + 2 Sides                      2 Pancakes +1Side                      2 Biscuit/Gravy +                      1 Side                      Omelet + 1 Side                      Oatmeal + 1 side                      Cold Cereal                      Fruit Plate with                      Muffin &amp; Yogurt                      100% Juice, Milk,                      Coffee, Smoothie</p>	<p><b><u>Breakfast 7:30-9:30</u></b>  <i>Sides:</i>                      Bacon/Sausage/                      HashBrown/                      Pancake/Biscuits/                      Gravy/Toast/                      FruitCup                      2 Eggs + 2 Sides                      2 Pancakes +1Side                      2 Biscuit/Gravy +                      1 Side                      Omelet + 1 Side                      Oatmeal + 1 side                      Cold Cereal                      Fruit Plate with                      Muffin &amp; Yogurt                      100% Juice, Milk,                      Coffee, Smoothie</p>	<p><b><u>Breakfast 7:30-9:30</u></b>  <i>Sides:</i>                      Bacon/Sausage/                      HashBrown/                      Pancake/Biscuits/                      Gravy/Toast/                      FruitCup                      2 Eggs + 2 Sides                      2 Pancakes +1Side                      2 Biscuit/Gravy +                      1 Side                      Omelet + 1 Side                      Oatmeal + 1 side                      Cold Cereal                      Fruit Plate with                      Muffin &amp; Yogurt                      100% Juice, Milk,                      Coffee, Smoothie</p>	<p><b><u>Breakfast 7:30-9:30</u></b>  <i>Sides:</i>                      Bacon/Sausage/                      HashBrown/                      Pancake/Biscuits/                      Gravy/Toast/                      FruitCup                      2 Eggs + 2 Sides                      2 Pancakes +1Side                      2 Biscuit/Gravy +                      1 Side                      Omelet + 1 Side                      Oatmeal + 1 side                      Cold Cereal                      Fruit Plate with                      Muffin &amp; Yogurt                      100% Juice, Milk,                      Coffee, Smoothie</p>	
<p><b><u>Lunch 11:00-1:00</u></b>  <i>Salad Choices:</i>                      Berry Salad                      Greek Salad                      Caesar Salad                      Mexican Salad                      Pot Roast                      Root Vegetables                      Scalloped Potatoes                      Dessert of d' Day</p>	<p><b><u>Lunch 11:00-1:00</u></b>  <i>Salad Choices:</i>                      Berry Salad                      Greek Salad                      Caesar Salad                      Mexican Salad                      Braised Pork Chop                      Candied Yams                      Collard Greens                      Apple Pie</p>	<p><b><u>Lunch 11:00-1:00</u></b>  <i>Salad Choices:</i>                      Berry Salad                      Greek Salad                      Caesar Salad                      Mexican Salad                      Beef Steak                      Mashed Potato                      with Gravy                      String Beans                      Mixed Berry Parfait</p>	<p><b><u>Lunch 11:00-1:00</u></b>  <i>Salad Choices:</i>                      Berry Salad                      Greek Salad                      Caesar Salad                      Mexican Salad                      Cheese Quesadilla                      Spanish Bean Style                      Corn                      Lemon Cream Cake</p>	<p><b><u>Lunch 11:00-1:00</u></b>  <i>Salad Choices:</i>                      Berry Salad                      Greek Salad                      Caesar Salad                      Mexican Salad                      Citrus Tilapia                      Rice                      Steamed Veggies                      Bread Pudding</p>	<p><b><u>Lunch 11:00-1:00</u></b>  <i>Salad Choices:</i>                      Berry Salad                      Greek Salad                      Caesar Salad                      Mexican Salad                      Beef Broccoli                      Veggie Chow Mein                      Egg Roll                      Cake</p>	<p><b><u>Lunch 11:00-1:00</u></b>  <i>Salad Choices:</i>                      Berry Salad                      Greek Salad                      Caesar Salad                      Mexican Salad                      Hamburger/Steak                      French Fries                      Yogurt</p>
<p><b><u>Dinner 5:00- 7:00</u></b>  <i>Soup Choices:</i>                      Lentil Soup                      Minestrone Soup                      Chicken Soup                      Mushroom Soup                      Egg Noodle Soup                      Spaghetti with                      meatballs                      Grilled Cheese                      Jello</p>	<p><b><u>Dinner 5:00- 7:00</u></b>  <i>Soup Choices:</i>                      Lentil Soup                      Minestrone Soup                      Chicken Soup                      Mushroom Soup                      Egg Noodle Soup                      Creamy Alfredo                      Pasta                      Ham Sandwich                      Mixed Fruits</p>	<p><b><u>Dinner 5:00- 7:00</u></b>  <i>Soup Choices:</i>                      Lentil Soup                      Minestrone Soup                      Chicken Soup                      Mushroom Soup                      Egg Noodle Soup                      Penne Pasta with                      sausage &amp; veggies                      Tuna Sandwich                      Cake</p>	<p><b><u>Dinner 5:00- 7:00</u></b>  <i>Soup Choices:</i>                      Lentil Soup                      Minestrone Soup                      Chicken Soup                      Mushroom Soup                      Egg Noodle Soup                      Angel Hair Pasta                      with Chicken &amp;                      Marinara Sauce                      Clam Chowder</p>	<p><b><u>Dinner 5:00- 7:00</u></b>  <i>Soup Choices:</i>                      Lentil Soup                      Minestrone Soup                      Chicken Soup                      Mushroom Soup                      Egg Noodle Soup                      Baked Ziti                      Turkey Sandwich                      Chocolate Pudding</p>	<p><b><u>Dinner 5:00- 7:00</u></b>  <i>Soup Choices:</i>                      Lentil Soup                      Minestrone Soup                      Chicken Soup                      Mushroom Soup                      Egg Noodle Soup                      Mac 'n Cheese                      Egg Sandwich                      Fresh Fruits</p>	<p><b><u>Dinner 5:00- 7:00</u></b>  <i>Soup Choices:</i>                      Lentil Soup                      Minestrone Soup                      Chicken Soup                      Mushroom Soup                      Egg Noodle Soup                      Creamy Chicken                      Pasta with veggies                      Cheese Sandwich                      Jello</p>

